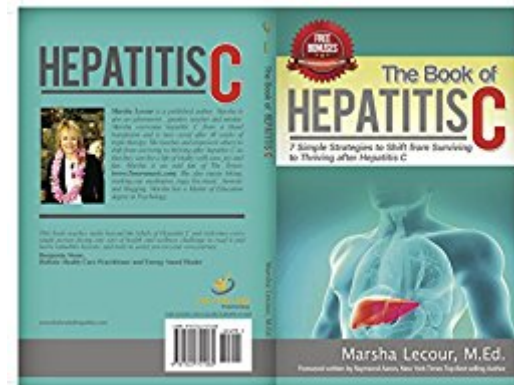


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# The Book Of Hepatitis C: 7 Simple Strategies To Shift From Surviving To Thriving After Hepatitis C



## Synopsis

The Book of Hepatitis C by Marsha Lecour, M.Ed.

## Book Information

File Size: 324 KB

Print Length: 121 pages

Simultaneous Device Usage: Unlimited

Publisher: 10-10-10 Publishing (June 12, 2016)

Publication Date: June 12, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01H0OOQWQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #2,115,953 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >

Hepatitis #105 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Hepatitis

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## Customer Reviews

This book is crisp and clear, and if you have any physical problem you're trying to overcome--read it. No, I don't have Hep C, but I have had to overcome a genetic variant that is extremely challenging. Marsha lays it out in a simple, not-too-many-words structure, of how to get from point A to point B. And it's always about an integrated approach, not a one-stop-shopping cure. Marsha Lecour is all about changing your life vector, but she offers a fantastic methodology coupled with periodic "thinking" times, so you really absorb the experience. If you are trying to overcome any difficulty in your life...physical or emotional...I highly recommend this read.

The best book I have ever read on healing and going forward in life after being cured! A must read for all that have had Hepatitis C!

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Omnibus Edition (Shift 1-3) (Silo series Book 2) Everything You Need to Know to Manage Type 2  
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